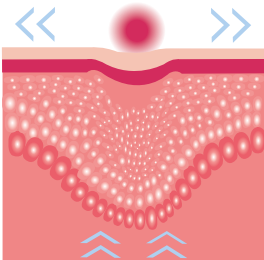
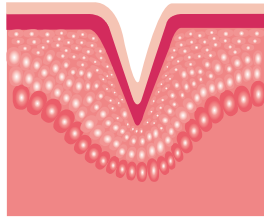




RED LIGHT THERAPY

# PURE BEAUTY FOR SKIN AND BODY





## PHOTO REJUVENATION THERAPY

Two main factors influence skin aging. The metabolism slows down with age, which results in decreasing amounts of cell energy in the fibroblasts – cells that produce collagen and elastin. The body's ability to supply fibroblast cells with the nutrients they need also decreases, resulting in lower collagen and elastin production – substances that the body needs for youthful, taut skin.

Clinical trials have demonstrated that red light wavelengths in the 600–700nm range targeted directly onto the skin increase the cells' potential for skin rejuvenation. Combining this treatment with skin care products developed specifically for red light therapy optimizes the overall benefit.

The skin takes on a clearer, more radiant and softer hue at the beginning of the treatment. After a number of treatment sessions, the skin's tint, clarity and texture improve. Studies have confirmed a reduction in the appearance of fine lines on the skin along with a smoother skin surface.

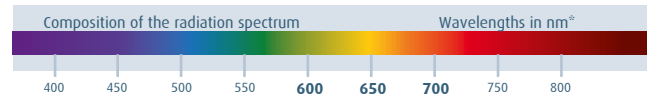


## THE HOLISTIC APPROACH

The BEAUTY ANGEL uses visible red light wavelengths in the 600–700nm range to activate the body's own Photo Rejuvenation process to reduce the appearance of wrinkles around the eyes, tighten the skin and improve the skin's general appearance.

The skin's permeability also increases, improving the effect of skin care products and allowing active ingredients to penetrate deeper.

Red light therapy is one of the few ways to gently and harmlessly reduce the signs of aging. Red light therapy is the ideal choice for anybody who is looking for a natural, noninvasive way to improve the condition of their skin.



\*nanometer = unit for measuring the light spectrum



## PLATFORM BODY VIBRATION

As the body basks in the soothing warmth of the full-body red light lamps, the vibration platform in the base of the unit (if equipped) is activated. Instantly, muscles flex and then relax – as the body responds to the patented, pre-programmed movement of the platform.

The combination of full-body light therapy and the gentle, yet effective, resistance of the vibration platform increases circulation and enhances the body's metabolic rate.

Platform Body Vibration, together with the application of specifically designed body lotions and skin treatments, reduces the appearance of fine lines, wrinkles and cellulite. Your skin feels smoother and softer, the muscles firm and the body toned. Whether young or old, the individual Platform Body Vibration programs will take anyone to their target sooner.



## PROGRAM 1

Wellness (low frequency) – loosens and relaxes muscles



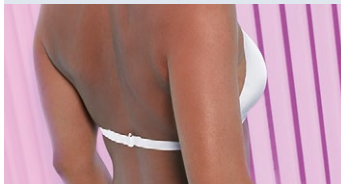
This program improves flexibility and enhances well-being with gentle movements at low vibration frequency.

Duration: 10 minutes

- Relieves tension and relaxes muscles
- Improves muscles in the back
- Helps restore muscle performance, such as after injury

## PROGRAM 2

Entry level vibration therapy (medium frequency interval) – body fitness for beginners



This program is ideal for beginners and gradually improves fitness with powerful movements at medium frequency.

Duration: 10 minutes

- Increases fitness
- Improves muscle function, especially in the back
- Stimulates blood circulation

## PROGRAM 3

Intense vibration therapy (high frequency interval) – body fitness for advanced training



This program is excellent for sports enthusiasts and serves to strengthen muscles with powerful movements at high frequency.

Duration: 10 minutes

- Strengthens muscles
- Stimulates blood circulation
- Improves fitness
- Training for muscle coordination

## PROGRAM 4

Beauty (mixed frequency) – improves skin appearance



This program reduces the appearance of cellulite and refines the skin's smoothness with gentle movement at alternating frequency.

Duration: 10 minutes

- Reduces the appearance of cellulite
- Helps tighten the skin
- Ideal for firming and toning muscles



## FREQUENTLY ASKED QUESTIONS

### **What results can I expect?**

The results of the BEAUTY ANGEL are directly related to the age and current state of health of your skin. While results vary, you can typically expect to see a more even skin tone, a reduction in pore size, fine lines and a healthier, overall appearance as you continue your BEAUTY ANGEL regimen. The process of skin rejuvenation continues for a period after completion of the sessions.

### **How can I reach my goals?**

We recommend an initial BEAUTY ANGEL program consisting of three 12-minute sessions per week during a 12 week period. To maintain maximum benefits, follow-up sessions of once or twice per week are recommended thereafter.

Your results can be further enhanced by the regular application of our exclusive BEAUTY ANGEL skin care products, which have been specifically formulated for red light therapy.

For maximum benefit include a balanced diet, body hydration and regular exercise as part of your BEAUTY ANGEL routine. Limiting the use of tobacco and alcohol will also enhance the overall process.

### **How can I maintain the results?**

Once you have completed your red light therapy, you can preserve the results through a combination of one weekly session along with proper diet, hydration, special skin care products and exercise.

### **How do I need to prepare my skin for a red light lamp therapy session?**

To ensure the best possible results of the red light treatment, it's beneficial to cleanse your skin thoroughly beforehand. No other preparation is necessary. The use of special skin care products like the BEAUTY ANGEL line, designed specifically for red light therapy, may improve the results experienced. Ask salon personnel for details.

### **Is it OK to wear cosmetics during the session?**

Please be aware that make-up may reduce or block the effectiveness of the light. While the skin's permeability increases during the session, which improves the effect of skin care products and allows active ingredients to penetrate deeper, for maximum effectiveness of the session we recommend removing all make-up prior to use.

### **Do I need to wear protective glasses?**

The BEAUTY ANGEL emits light in the 600 – 700 nanometer range and the light is very bright in nature. For comfort you may prefer to keep your eyes closed during the session or wear tinted eyewear or sunglasses that reduce the intensity of the light. We recommend that you not stare directly at the lamps.



### **Is red light used in Photo Rejuvenation Therapy comparable to sunlight?**

No. Photo Rejuvenation Therapy uses red light at a peak frequency of 633nm. This light spectrum contains no UV (ultra violet) rays.

### **What distinguishes red light therapy from other types of treatment?**

Unlike other skin rejuvenation therapies such as laser and IPL, Photo Rejuvenation Therapy works without high temperatures on the skin or damaging tissues or cells. The red light emitted is not hot and is suitable for women or men of all skin types and age groups.

### **How does the BEAUTY ANGEL differ from LED treatments?**

LED treatments are much more expensive and usually only treat the face. The BEAUTY ANGEL covers the entire body and achieves a much more intense effect, giving you more “bang for your buck.”

### **Do certain medications affect the results?**

If you are taking medication or suffer from a skin disorder, please be aware that certain medicines may be photosensitive. That is, they may cause an adverse reaction when the body is exposed to light. A list that identifies many photosensitive medications, foods and ingredients should be on display in the salon. Always consult your physician if you have any questions or concerns.

### **Is the treatment suitable for anyone?**

Photo Rejuvenation Therapy using red light lamps is suitable for all skin types. However, the following people should not use the BEAUTY ANGEL: pregnant women, epileptics, people with illnesses that are sensitive to light, people using medication or herbal remedies that may result in light sensitivity (such as antibiotics, anti-inflammatory drugs, or St. John’s Wort (see salon personnel for a complete list).

Platform Body Vibration training should be omitted after acute surgery, or if you are suffering from cardiac, hip and bone diseases, have received bone implants or are suffering from an acute illness or inflammation.

If in doubt about whether you should use the BEAUTY ANGEL, Photo Bio Stimulation or Platform Body Vibration, then please seek medical advice prior to use.

Your salon



**DISCLAIMER**

These statements have not been evaluated by the Food & Drug Administration. This product/system is not intended to diagnose, treat, cure or prevent any disease. Homeopathic remedies are to be used according to standard indications for self-limiting conditions. Your experience may vary from those described here. The Platform Body Vibration feature is not a medical device and is not designed for therapeutic purposes. The information provided here is not intended as a substitute for advice from your physician or other healthcare professional. All exercise has some risk. You should always check with your doctor before beginning any exercise program.

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